Midway Elementary Guidance Lessons 2022-2023

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|  | **PK-**30 min | **K-**30 min | **1st-**30 min | **2nd-**30 min | **3rd-**40 min | **4th-**40 min | **5th-**45 min |
| **Sept** | * What is a school counselor? * Self-regulation intro * SR- Body 1 | * What is a school counselor? * SS 1 * SS2 * SS3 | * Intro/activity * SS 1 * SS 2 * SS 3 * SS4 | * Intro/activity * Mindset 2 * Self-regulation intro * SS 1 | * Intro/activity * SS 1 * SS 2 | * Intro/activity * Study Skills-TOES * Self-Regulation Intro | * Intro/activity * Study Skills Advanced * Self-Regulation intro |
| **Oct** | * Personal Space Camp * CGG Feelings * JBJ Feelings/folders | * SS4 * SS5 * My Body Belongs to Me * SS6 * SS7 | * Mindset intro * SS 5 | * SS 2 * SS 3 * SS 4 | * SS 3 * SS 4 * SS 5 | * Self reg Body 1 * Self reg body 2 | * Self reg Body 1 * Self reg Body 2 |
| **Nov** | * My Body Belongs to Me * Sharing Stations | * SS8 * SS9 * SS10 * Mind Your Mindset | * SS 6 * SS 7 * SS 8 * Mindset-Where do they come from * SS 9 | * SS 5 * SS 6 * SS 7 * SS 8 | * SS 6 * SS 8 * SS 9 | * Problem Solving Stop Think DO * Career Essentials | * SEL Mental Health Stigma * Road to Your Future Starts Now |
| **Dec** | * My Mouth is a Volcano * Hands are not for hitting | * SS11 * SS12 * SS13 | * SS 10 * SS 11 | * Into the Cloud * Cont | * Into the Cloud S2 * cont | * Kidsmartz 1 * KS 2/3 | * Brick lesson * Cont |
| **Jan** | * Katie Kangaroo * Cont * Cont | * SS14 * SS15 * Self-Regulation Intro * SS16 | * SS 12 * Self-regulation intro * SS 13 * SS 14 | * SS 9 * SS 10 * SS 11 * SS 12 | * SS 10 * SS 11 * SS 13 | * KS 4/5 * KS 6 | * Internet Safety * Cont |
| **Feb** | * JBJ Friendship-sharing * JBJ Behavior 1 | * SS17 * SS18 | * SS 15 * SS 16 * Self-regulation Body 1 * SS 17 | * SS 13 * SS 14 * SS 15 | * SS 15 * SS 16 | * Career BINGO * Brick lesson | * Discover Your Strengths * SEL Anxiety * Brick lesson |
| **Mar** | * Tattle Tongue * Self-Regulation Body 2 | * SS19 * SS20 * SS21 * Kidsmartz 1 | * SS 18 * SS 19 * SS 21 * SS 22/Self-Regulation Body 2 | * SS 16 * Brick lesson * Cont | * Weird * Dare * Tough | * SEL Mental Health Stigma * SEL Tackling anxiety * Simon’s Hook | * MS Prep * SEL –Opioid Abuse/prevention |
| **April** | * JBJ Behavior 2 * Soda Pop Head | * KS 2 * KS 3 * KS 4 | * Kidsmartz 1 * KS 2 * KS 3 * KS 4 | * SS 17 * SS 18 * SS 19 * SS 20 | * SS 17 * SS 18 * SS 19 | * Cont * Classroom clash | * Deserted Island * Cont |
| **May** | * Sharing Stations * JBJ- CYO | * KS 5 * KS 6 * final | * KS 5 * KS 6 * Final | * SS 21 * SS 22 * final | * SS 20 * SS 21 * SS 22/final | * Brick lesson * Final/kahoot | * Cont * Final/kahoot |